

The Anchor Line

August 2026

Hope Lutheran Church

Anchored in Jesus | Living with Joy | Reflecting His Love

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www.hopedepere.org | "Hope Lutheran Church" on Facebook | "Angels of Hope" on Facebook

From the Pastor's Desk...

"How is your walk with Jesus these days?" Typically, if you hear that question, people are asking about your prayer life, the strength of your faith, your devotional life, etc. I'm going to guess that those questions are not followed up by something like "How are you sleeping? What is your exercise routine? What is your plan for getting together with friends? How do you handle pain?" And yet, these are the very questions that Justin Whitmel Earley invites us to ask in a book that I just finished reading, *The Body Teaches the Soul*.

Earley makes the argument that God created us as full-bodied creatures. Too often, we imagine that the Christian life is primarily (even solely) concerned with the mind or spirit. And yet, so much of our faithful walking with God happens by means of the body. As we rest, we learn to trust in the grace of God. As we exercise, we learn that God uses pain and discomfort to discipline us and to help us grow. As we experience pain and suffer through it, we learn to lament and yet to hope in new creation and what God has promised us through Jesus' death and resurrection. As we set down the phone or the computer in order that we might be face-to-face with family and friends, we learn that God has made us for genuine human community—community that is best exercised and enjoyed in a bodily way through proximity, handshakes, hugs, work, recreational activities, and the sharing of meals.

Similarly, our life together as the body of Christ is meant to be experienced in a full-bodied way. Livestreaming worship has a place, especially if we are shut-in or traveling. But there's something different about gathering to hear God's Word in the physical proximity of other people. To hear them respond, speak the Creed, and sing with us. To receive the bread and the wine, Jesus' true body and blood, together as a family. To share laughs and burdens together over a cup of coffee in the narthex. My life in Jesus is richer as I get to share it with you!

As we navigate these last weeks of summer, I'd invite you to join me in thanking God for the body-and-soul hope we have in Jesus. What a gift it is to share life together and enjoy His gifts! Love the people around you well this month—give a hug, share a meal, join your brothers and sisters in the seats at Hope, and visit a friend or neighbor. Breathe... rest... eat well... engage in physical activity as you are able. We steward our bodies in order to glorify God and love our neighbors well. Blessings on your August!

Christ's peace and joy,
Pastor Baye

Community Engagement Ministry

Submitted by Kim Thompson

Mission of the Community Engagement Ministry – To be Jesus' servants to meet physical, spiritual, and relational needs of the community.



Veterans Salute: Thank you to all of the volunteers that helped to fill gift bags for the veterans at the Green Bay Veterans Manor. The basket was dropped off with our "Veteran Thank You Gifts".

Peanut Butter and Jelly Collection: The Family Christian Radio 91.5 is once again sponsoring a drive to collect peanut butter and jelly to help stock the shelves at Paul's Pantry. Last year, almost 6,000 pounds of peanut butter and jelly were collected across Wisconsin, which is enough PB&J to make over 96,000 sandwiches and reach a height of 1.38 miles when stacked on top of each other!

The PB&J collection will run during the month of August. A collection box will be found in the narthex



during this time. We realize that Hope also serves the De Pere Christian Outreach Pantry all year round. When you are out shopping, please consider 2 jars of each for each collection in August. Serving those in need is being Jesus' hands and feet.

Hope's Health Corner

Summer invites us to enjoy God's beautiful creation! Whether gardening, taking family walks, enjoying events in town, relaxing by the lake, or cheering on grandchildren at ball games, longer days allow many opportunities to be active outdoors.

One common summertime concern is sunburn. Even on cloudy days, ultraviolet (UV) rays can damage skin. Before heading outside, apply a broad-spectrum sunscreen with an SPF of at least 30 to all exposed skin about a half hour before you head outside. Reapply every two hours, or more often after swimming or heavy sweating. A wide-brimmed hat, sunglasses, and lightweight clothing with long sleeves offer added protection. Whenever possible, seek shade during the strongest sunlight hours, typically between 10:00 a.m. and 4:00 p.m.



If a sunburn happens, most mild burns can be treated at home. Move out of the sun and cool the skin with a lukewarm shower, bath, or damp cloth. Apply a gentle moisturizer or aloe vera gel, and drink plenty of water to stay hydrated. Over-the-counter pain relievers may help reduce discomfort. Avoid breaking blisters, as they help protect healing skin. If a sunburn is severe, causes widespread blistering, fever, confusion, or signs of dehydration, seek

medical attention promptly.

Summer activities can also lead to the occasional scrape, insect bite, or minor cut. For small cuts and abrasions, wash the area gently with clean water, apply a thin layer of antibiotic ointment if appropriate, and cover with a clean bandage. Change the dressing daily until healed. Insect bites and stings can often be relieved with a cool compress and an over-the-counter anti-itch cream. On the more severe end of things, if someone develops difficulty breathing, swelling of the face or throat, or widespread hives after a sting, call 911 immediately, as these may be signs of a serious allergic reaction.

Staying well-hydrated is another important part of summer safety. As temperatures rise, our bodies lose more fluids through perspiration. Drink water regularly throughout the day, even before you feel thirsty. When spending extended time outdoors, take breaks in the shade or air conditioning, wear light-colored clothing, and watch for signs of heat-related illness such as dizziness, headache, excessive fatigue, nausea, or muscle cramps. A few minutes of rest and hydration can make all the difference.

Fresh summer produce is one of the season's most delicious moments, but it's important to handle it safely. Recent outbreaks of Cyclospora illness have been linked to fresh produce. Before eating or preparing fruits and vegetables, rinse them thoroughly under cool running water—even if you plan to peel them. Washing produce helps remove dirt and some germs. Avoid using soap or bleach, and refrigerate cut fruits and vegetables promptly to help keep them safe to eat.

We wish you a summer full of sunshine, laughter, renewed strength, and joy!

Bryan Carlson, BSN, RN and
Leighann Heling, BSN, RN
Hope Lutheran Parish Nurses

Sunday School & Youth News

Submitted by Kaitlyn Gregory, DCE

Sunday School will begin on Sunday, September 13th, from 9:15 a.m. to 10:15 a.m. Please register for Sunday School by using this link:
<https://www.hopedepere.org/sunday-school-registration/>

Rainforest Falls Vacation Bible School was held on July 13th through 17th. We had a total of 84 students attend this year along with 45 volunteers. Students helped make squares for 6 quilts and donated enough sheets for the quilting group to make 9 quilts for Lutheran World Relief. Thank you to Lenore Swalheim for partnering with us for this project and helping put together all of the quilts. Families also packed 175 care kits for Lutheran World Relief. Thank you to Judy Muniz for helping coordinate this and thank you to all who donated items for the care kits.

The youth will be hosting a Brat Barn at Festival Foods in West De Pere on Saturday, August 1st. Please come support our youth by purchasing a brat or burger!

Embers of Hope, our 9th through 12th grade youth group, will be starting back up again on Wednesday, September 9th, at 6:30 p.m. This group will meet weekly at Hope.



Important Dates: Parking Lot Sealcoating!

The parking lot sealcoating is scheduled to begin on Thursday, August 6th. The parking lot will need 48 hours to dry and the new lines will be repainted on Saturday, August 8th. The parking lot will be closed and blocked off during this time.

Please do not walk on the sealant until Sunday morning as that will leave footprints.

Thank you for your partnership!



The Church Picnic will be held at Legion Park on Sunday, August 30th. Worship will be held at the Pavilion near the corner of Charles Street and Webster Street at 10:00 a.m. – bring your lawn chairs! Lunch will follow – we will provide more details soon on the menu and which portions will be potluck. God gave us great weather last year – we pray that He'll do the same again this year!

EXPLORE THE WORLD WITHOUT LEAVING HOME.



Host an International Student in Green Bay.
Share the Gospel & American Culture
Receive a \$4,700 Stipend (per school year)
Bussing Available for Students
World Missions Locally

**N.E.W. LUTHERAN
HIGH SCHOOL**
newlhs.com


welchc@newlhs.com
1311 S. Robinson Ave. | Green Bay, WI | (920) 469-6810

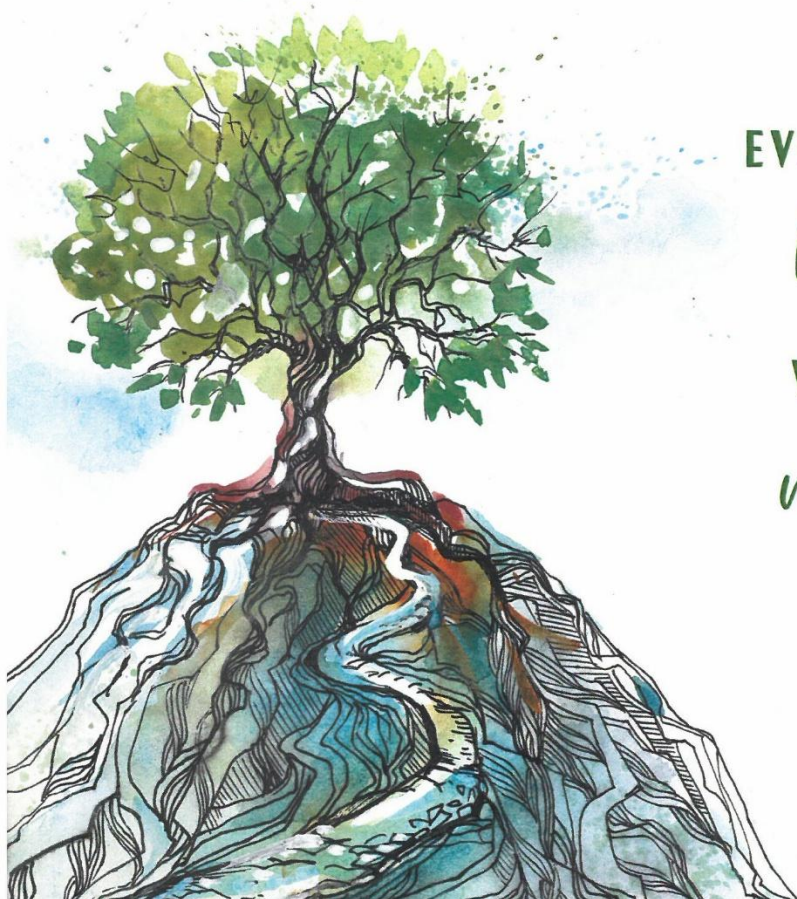
You are invited to the Backpack Blessings Event!

Sunday, August 23rd
during the 8:00 AM and 9:30 AM
Worship Services

This event is open to all students!
Bring your siblings and friends!

Bring your backpack to church with you
and receive a backpack clip and blessing
for the upcoming school year.





EVERY FAMILY TREE

has a story.

WILL YOU HELP

write theirs?

Freedom+HOUSE
MINISTRIES

You're invited

TO SEEDS FOR CHANGE,
THE SIGNATURE FUNDRAISER BENEFITING
Freedom House Ministries

Join us for an inspiring evening of bold storytelling as we invest in brighter futures for families experiencing homelessness.

Their future is being written now, and you are invited to have a seat at the family table. Join us for an evening that turns today's generosity into generational change.

Thursday, September 10, 2026
5:30 – 8:30 PM

Gather on Broadway
139 N Broadway, Green Bay

Cocktail Hour | Plated Dinner
Program
Tickets: \$150

Reserve your place:





To all those who served at Hope in July, we thank you for your gifts of time and talent. Whether you take care of lawn or building maintenance, usher, share the gift of music, serve on a board or ministry group, take care of communion needs, or represent Hope by reaching out to the community, you are needed and appreciated.

Happy Anniversary!

Keith & Stacie Kohn	8/2
Michael & Melissa Carlson	8/7
Robert & Tia Splittgerber	8/7
Steven & Nancy Engels	8/8
Zac & Emily Karbash	8/12
Jared Fink & Abbey Kleinert	8/13
Jeff & Dawn Klatt	8/14
Richard & Lenore Swalheim	8/14
Don & Carol Shroll	8/15
Evan & Jessica Bornowski	8/17
Dave & Lisa Mason	8/19
Joey & Joleen Bratz	8/21
David & Cindy Vercauteren	8/29
Colin & Sierra Welch	8/29



Happy Birthday!

Pam James	8/1
Shawn VanLanen	8/1
Linz Klevesahl	8/2
Bryan Carlson	8/4
Cooper Helein	8/4
Ashlynn Mortenson	8/4
Dennis Day	8/7
Walker Rusch	8/7
Allison Schneider	8/7
Erika Williams	8/8
Mark Osen	8/9
Dennis Strey	8/9
Jackson Schneider	8/11
Joy Koomen	8/12
Eric Dugenske	8/13
Alyssa Mortenson	8/13
Lydia Schuette	8/13
Sierra Welch	8/13
Lori Makela	8/14
Dawson Secor	8/14
Don Shroll	8/16
Heather VandeHey	8/16
Ashley Flannery	8/18
Joshua Mier	8/20
Brenda Lambert	8/20
Isabella Jordan	8/21
Nathan Vande Hey	8/21
Patti Bertram	8/22
Mary McCauley	8/23
Pete Monfre	8/24
Eden Mittelstaedt	8/25
Dyan Wellmon	8/27
Freddie Bornowski	8/28
Sophie McCormick	8/28
Lisa Osen	8/30
Nancy Engels	8/31
Michelle Ver Haagh	8/31

August 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Youth Brat Barn at Festival Foods in West De Pere
2 8:00 AM Worship 9:30 AM Worship	3 6:30 PM Praise Team	4 7:30 AM Oak Street Bible Study 8:00 AM Bulletin Submissions Due	5 6:30 PM Worship 7:45 PM Elders	6 Parking Lot Sealing Begins at Church – Parking Lot Closed. Thank you!	7 Parking Lot Still Drying – Parking Lot Closed. Thank you!	8 Hope's DPCO Thrift Store Intake Day Parking Lot Still Drying – Parking Lot Closed. Thank you!
9 8:00 AM Worship 9:30 AM Worship	10 6:00 PM Council 6:30 PM Praise Team	11 7:30 AM Oak Street Bible Study 8:00 AM Bulletin Submissions Due	12 6:30 PM Worship	13	14	15
16 8:00 AM Worship 9:30 AM Worship	17 6:00 PM Angels of Hope Board 6:30 PM Praise Team	18 7:30 AM Oak Street Bible Study 8:00 AM Bulletin Submissions Due 8:00 AM Newsletter Submissions Due	19 6:30 PM Worship DPCO Food Pantry Collection	20 10:00 AM Meeting Room Reserved	21	22
23 Backpack Blessings Event 8:00 AM Worship 9:30 AM Worship DPCO Food Pantry Collection	24 6:30 PM Praise Team	25 Angels of Hope Preschool Prep Day 7:30 AM Oak Street Bible Study 8:00 AM Bulletin Submission Due 6:00 PM Education Ministry	26 5:30 PM Confirmation Orientation 6:30 PM Worship	27	28	29
30 10:00 AM Outdoor Worship at Legion Park 11:30 AM Church Picnic at Legion Park	31 6:30 PM Praise Team			Publication Information: <i>Bulletin information is due Tuesdays at 8:00 a.m.</i> <i>Newsletter information is due by 8:00 a.m. on the 3rd Tuesday of the month.</i> <i>Please call the church office or email office@hopedepere.org.</i>		