

# The Anchor Line

## May 2024

### Hope Lutheran Church

*Anchored in Jesus*  
*Living with Joy*  
*Reflecting His Love*

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www.hopedepere.org "Hope Lutheran Church" on Facebook "Angels of Hope" on Facebook		

## From the Pastor's Desk...

***And he led them out as far as Bethany, and lifting up his hands he blessed them. <sup>51</sup> While he blessed them, he parted from them and was carried up into heaven. <sup>52</sup> And they worshiped him and returned to Jerusalem with great joy, <sup>53</sup> and were continually in the temple blessing God. - Luke 24:50-53***

The month of May is always a busy one for families, schools, and ministries, it seems. At Hope, we will be celebrating Confirmation on May 5<sup>th</sup> and praying that God will strengthen our 8<sup>th</sup> graders to keep the promises of faithfulness that they will make, trusting that God is faithful to keep His promises to them! Additionally, there's the celebration of Mother's Day, college graduations, spring concerts and productions, athletic events and end-of-year banquets, and Memorial Day weekend.



And almost every year, snuck into the calendar on a Thursday in this busy month, is the day where we remember the Ascension of Our Lord (this year, it's May 9<sup>th</sup>). It seems to come and go with little notice – without the fanfare of Christmas or Easter. And yet, the ascension of Jesus into heaven forty days after His resurrection is an absolutely crucial piece of the salvation story! It is the moment where our Savior and King takes His

rightful place in the position of all honor and authority, the position from which He continues to operate even today, ruling over all things and directing the mission of His Church by the power of the Holy Spirit. From heaven, Jesus...

- Prepares a place for us so that we may live with Him forever (John 14:2-3).
- Intercedes on our behalf before the Father, always speaking as our Advocate (1 John 2:1).
- Sends forth the Holy Spirit to empower the church and gift Christians for service in His mission (Ephesians 4:8).
- Fills the whole universe, keeping His promise to be with us always (Ephesians 4:10, Matthew 28:20).

And because you are joined to this same Jesus in baptism and live by faith in Him, your destiny is glory, as surely as Jesus reigns from heaven (Colossians 3:1-4). So if you find yourself drifting, wondering where to look to find hope and meaning for life, don't hang your head and look down! Don't look around at everyone else! Look up, to where Christ is! He has received the position of highest honor, and He is always exercising His authority for the good of those who love Him. There is no power on earth that can match His. There is no evil that can overcome His ultimate good. Jesus is ascended, and our hope is secure! Good news for a busy month!

Christ's peace and joy,  
*Pastor Baye*

*Our Vision at Hope: that we would be a growing, vibrant, praying, caring congregation  
– boldly reaching out with Jesus Christ in word and deed.*

# Community Engagement Ministry

Submitted by Kim Thompson

Mission of the Community Engagement Ministry – To be Jesus' servants to meet physical, spiritual, and relational needs of the community.

## Freedom House Meal and Slow Cookers Gifted:

Thank you to all the volunteers for helping to prepare and serve the slow cooker meal at the Freedom House. We also appreciate the children of the Angels of Hope 4K Class and the Green Bay Trinity 5<sup>th</sup> Grade Class that helped to prepare cookies for the event. We were able to obtain a Thrivent Action Team Card to purchase 12 Slow Cookers. We gave these to the families at Freedom House along with the recipes. Our hope is that this could help them with meal planning when they move into a new home.

**Hope Squares to Share:** Thank you to Leighann Heling for using her talents to organize the first Hope crocheting event to make squares for baby blankets on April 13<sup>th</sup>. There were some experienced and some new participants. Watch the newsletter and bulletins for the next event.



**The next Community Engagement Ministry Meeting** will be on Tuesday, May 28<sup>th</sup>, at 6:30 p.m. via Zoom. Please contact Kim Thompson at [kthompson@hopedepere.org](mailto:kthompson@hopedepere.org) if you wish to join us.

# Hope's Health Corner

*"For as the soil makes the sprout come up and a garden causes seeds to grow, so the Sovereign LORD will make righteousness and praise spring up before all nations." Isaiah 61:11*

Spring has sprung! With it comes an undeniable urge to get outside and enjoy the outdoors. Maybe that includes cleaning up winter leftovers or thinking about what to plant in your garden. While gardening should produce beautiful flowers or tasty fruits and veggies, it might also produce body aches and pains. Yard work certainly counts as exercise, but it can also create a potential for sore regrets! To avoid springtime aches and pains, try some simple stretches before you grab your garden boots and tools. The idea is to slowly repeat a few movements that mimic the type of work you are doing.

- Stand up straight, place your hands in the small of your back and arch backwards while pulling your elbows towards the middle of your spine. Hold this position for 10 seconds, return to your normal stance and repeat this five times.
- While standing, place your right heel up on a step with your knee bent slightly. You can use a sturdy railing or strong tree branch if you need a hand keeping stable. Hold. Lean forward until you start to feel a slight pull at the back of your thigh (your hamstring). Once you feel the pull, hold your position for 20 seconds and then relax. Repeat this once more and then switch to the left leg, doing the same exercise twice for the left leg.
- Stand up, find your balance, and then grab the front of your ankle with the opposite hand (left ankle should be grabbed by the right hand, and right ankle grabbed by the left hand). Pull your heel toward your behind and hold the position for 15 seconds, then repeat these steps again. Switch ankles and complete the same stretch two times for the other ankle. You might find help using a wall or chair to help support your balance.
- While standing, weave your fingers together with your palms facing upward above your head. Lean to one side and hold your position for 10 seconds. Switch to the other side and hold again for 10 seconds. Repeat this stretch three times.



You should repeat these stretches when you are finished with your yardwork; they can help ease the soreness and tight muscles you might be feeling from all the hard work you accomplished. Be sure to keep mindful of your limit. Don't try to accomplish everything in one afternoon. If you notice you are feeling lightheaded, sit down, take a breather, and grab some water. Overworking can lead to feeling dizzy and nauseated, even fainting.

Everything is better with balance, so work a little, relax a little!

Blessings and wishes for pain-free spring blooms,  
**Bryan Carlson, BSN, RN and Leighann Heling, BSN, RN**



**Save the date for Vacation Bible School (VBS)!** Our theme this year is *SCUBA: Diving into friendship with God*. If you are entering 3K - 5th grade, you are invited to join us July 29<sup>th</sup> through August 2<sup>nd</sup> from 9:00 a.m. to 11:30 am. Please notice a change this year for our days and times, Monday through Friday morning Vacation Bible School. Register to participate or volunteer using this link <https://vbspro.events/p/8c4d31> or the following QR code:



Payment accepted at the display in the narthex. Please also fill out the photo release form at the following link: [Photo Release and T-Shirt Sizes](#)

Please stay tuned for more information and donation opportunities. If you have any questions, please feel free to reach out to Mandy Dombrowski or Megan Baye.

## Sunday School & Youth News

**Sunday School:** The theme verse for this year is 1 Peter 4:10-11, *"As each has received a gift, use it to serve one another... in order that in everything God may be glorified through Jesus Christ."* The May verse of the month is Psalm 150:6, *"Let everything that has breath praise the Lord!"* The Sunday School offering for May will go to Freedom House.

**Confirmation is Sunday, May 5, 2024.** Please join us in celebrating our confirmands as they confirm their faith in Jesus.

**The last day of Sunday School will be Sunday, May 19<sup>th</sup>.** We will also take time to recognize our **High School Graduates** during the 8:00 a.m. and 10:27 a.m. services on that Sunday.



**Please note that from Sunday, May 26<sup>th</sup>, through Sunday, September 1<sup>st</sup>, the 10:27 service will move to 9:30 a.m.** All other services will remain as scheduled.



To all those who served at Hope in April, thank you for offering your time and talents in service to the Lord. We praise Him for giving you the gifts you possess and the heart to share them. Thank you for being Jesus' hands and feet among us. You are needed and appreciated.

## Happy Anniversary!


Scott & Lori Gauthier	5/1
Paul & Leighann Heling	5/5
EJ & Mandy Dombrowski	5/10
David & Bonny Schmidt	5/13
Kurt & Tammy Sebo	5/13
Joe & Jean VandenLangenberg	5/13
Stephen & Trish Voss	5/13
David & Erika Schmidt	5/14
Ben & Beth Cheslock	5/15
Bruce & Brenda Lambert	5/20
Brett & Jane Coleman	5/21
Jeff & Shelley Stafford	5/21
David & Julie Osen	5/28
Guy & Mary McCauley	5/30
Jordan & Alyssa Mortenson	5/30



## Happy Birthday!

Courtney Jonet	5/1
Joey Klug	5/2
Betty Krueger	5/2
Hailey Monfre	5/2
Benjamin Lambert	5/4
Jacob Vanderpoel	5/5
Beatrix Fischer	5/7
Dan Klug	5/7
Lynne Nelson	5/7
Reid Nelson	5/7
Gibson Dombrowski	5/10
Susan Lisch	5/11
Shana Atkinson-Welch	5/12
Elaine Carlson	5/12
Beth Cheslock	5/12
Jayce VandeHey	5/14
Drew Brandenburg	5/15
Isla Cunningham	5/15
Jason Lambert	5/15
Titus Fischer	5/16
Sharon Mayotte	5/18
Owen Jordan	5/19
Emma Dugenske	5/20
Derek Haegele	5/20
Jessica Turner	5/21
Jon Fawcett	5/23
Kyla Baye	5/25
Shawna Coron	5/25
Theodore Egen	5/25
Kristy Fischer	5/25
Emily Gauthier	5/25
Tom Schrank	5/25
Elise Helein	5/27
Koleson Laundrie	5/27
Max McCauley	5/30
Jennifer Egen	5/31

# May 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>Publication Information:</b></p> <p>Bulletin information is due Tuesdays at 8:00 a.m.</p> <p>Newsletter information is due by 8:00 a.m. on the 3<sup>rd</sup> Tuesday of the month.</p> <p>Please call the church office or email <a href="mailto:office@hopedepere.org">office@hopedepere.org</a>.</p>			<p><b>1</b></p> <p><b>5:30 PM</b> Confirmation</p> <p><b>6:30 PM</b> Worship</p> <p><b>7:30 PM</b> Elders</p>	<p><b>2</b></p> <p><b>6:00 PM</b> Confirmation Questioning</p>	<p><b>3</b></p> <p><b>5:00 PM</b> Wedding Rehearsal</p>	<p><b>4</b></p> <p><b>2:00 PM</b> Wedding</p>
<p><b>5</b></p> <p><b>Confirmation Sunday</b></p> <p><b>8:00 AM</b> Worship</p> <p><b>9:15 AM</b> Sunday School</p> <p><b>10:27 AM</b> Worship 12:00 to 6:00 Fellowship Hall Reserved</p>	<p><b>6</b></p> <p><b>7:00 PM</b> Moms of Hope</p>	<p><b>7</b></p> <p><b>7:30 AM</b> Breakfast w/the Bible @ Oak Street Café</p> <p><b>8:00 AM</b> Bulletin Submissions Due</p> <p><b>9:30 AM</b> Ladies Bible Study</p> <p><b>6:30 PM</b> Ladies Bible Study</p>	<p><b>8</b></p> <p><b>6:30 PM</b> Worship</p>	<p><b>9</b></p>	<p><b>10</b></p> <p>AOH Field Trip</p>	<p><b>11</b></p>
<p><b>12</b></p> <p><b>8:00 AM</b> Worship</p> <p><b>9:15 AM</b> Sunday School</p> <p><b>9:30 AM</b> Adult Bible Study</p> <p><b>10:27 AM</b> Worship</p>	<p><b>13</b></p> <p><b>5:30 PM</b> Council</p> <p><b>7:00 PM</b> Voter's Meeting</p>	<p><b>14</b></p> <p><b>7:30 AM</b> Breakfast w/the Bible @ Oak Street Café</p> <p><b>8:00 AM</b> Bulletin Submissions Due</p> <p><b>9:30 AM</b> Ladies Bible Study</p> <p><b>5:30 PM</b> Women of Hope</p> <p><b>6:30 PM</b> Ladies Bible Study</p>	<p><b>15</b></p> <p><b>6:30 PM</b> Worship</p>	<p><b>16</b></p>	<p><b>17</b></p>	<p><b>18</b></p>
<p><b>19</b></p> <p><b>High School Grad Recognition and Last Day of Sunday School</b></p> <p><b>8:00 AM</b> Worship</p> <p><b>9:15 AM</b> Sunday School</p> <p><b>9:30 AM</b> Adult Bible Study</p> <p><b>10:27 AM</b> Worship</p> <p><b>6:30 PM</b> VBS Area Leaders Meeting</p>	<p><b>20</b></p> <p><b>6:00 PM</b> Angels of Hope Board</p>	<p><b>21</b></p> <p><b>Last Day AOH 3K</b></p> <p><b>7:30 AM</b> Breakfast w/the Bible @ Oak Street Café</p> <p><b>8:00 AM</b> Bulletin Submissions Due</p> <p><b>8:00 AM</b> Newsletter Submissions Due</p> <p><b>9:30 AM</b> Ladies Bible Study</p> <p><b>6:30 PM</b> Ladies Bible Study</p>	<p><b>22</b></p> <p><b>11:00 AM</b> AOH 4K Graduation</p> <p><b>6:30 PM</b> Worship</p> <p><b>DPCO Food Pantry Collection</b></p>	<p><b>23</b></p> <p>Green Bay Trinity Graduation</p>	<p><b>24</b></p>	<p><b>25</b></p> <p>NEWLHS Graduation</p>
<p><b>26</b></p> <p><b>8:00 AM</b> Worship</p> <p><b>9:30 AM</b> Worship</p> <p><b>DPCO Food Pantry Collection</b></p>	<p><b>27</b></p> <p>Church Office Closed for Memorial Day</p> 	<p><b>28</b></p> <p><b>7:30 AM</b> Breakfast w/the Bible @ Oak Street Café</p> <p><b>8:00 AM</b> Bulletin Submissions Due</p> <p><b>9:30 AM</b> Ladies Bible Study</p> <p><b>6:30 PM</b> Ladies Bible Study</p> <p><b>6:30 PM</b> Community Engagement Ministry (Zoom)</p>	<p><b>29</b></p> <p><b>6:30 PM</b> Worship</p>	<p><b>30</b></p>	<p><b>31</b></p>	