The Anchor Line March 2024 Hope Lutheran Church

Anchored in Jesus Living with Joy Reflecting His Love

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www.hopedepere.org "Hope Lutheran Church" on Facebook "Angels of Hope" on Facebook

From the Pastor's Desk...

Then [Jesus] called the crowd to him along with his disciples and said: "Whoever wants to be my disciple must deny themselves and take up their cross and follow me. For whoever wants to save their life will lose it, but whoever loses their life for me and for the gospel will save it..." – Mark 8:34-35

"Why am I doing this, again?" Perhaps you've asked yourself this question, especially in the middle of a difficult and trying experience. The athlete pushing themselves to exhaustion as they train their bodies and minds. The student studying for hours, writing papers and preparing for exams. The parent reminding their child for the thousandth time to use appropriate manners, or patiently navigating the world of potty-training. The business person working through the difficult details of creating a new process. The person rehabbing for weeks and months following a surgery or a hospital stay. In the middle of it all, one can begin to wonder if the pain is really worth it.

"Why am I doing this, again?" It's a question that can be asked in frustration, but it is also a question that can refocus us on the goal we are seeking.

We are not told that Jesus ever asked Himself this question specifically, but in the garden, we do hear Him crying out to His Father in anguish over what He would experience at the cross. In the end, however, Jesus knew exactly why He was making this journey and submitting to humiliation, suffering, and death: that we might be forgiven, that we might belong to Him and be called the children of God, and that the world might be saved. For Jesus, the trade was worth it!

As we make the journey through Lent to Easter, we are reminded that a life of following Jesus will necessarily be marked by self-denial. Echoing John the Baptist, we confess that we must decrease, and Jesus must increase in us. But for us Christians, the call to deny ourselves is not the end of the story – death is followed by resurrection. "Whoever loses their life for me and for the gospel will save it." God is offering a trade: give up that which is fading away, and take hold of the new life which is offered in His Son, through faith. And that trade is worth it!

In the words of martyred Christian missionary Jim Elliot, "He is no fool who gives what he cannot keep to gain that which he cannot lose." May God bless us as we make the journey to the cross, and then, the empty tomb!

Christ's peace and joy, *Pastor Baye*

Community Engagement Ministry

Submitted by Kim Thompson

Mission of the Community Engagement Ministry – To be Jesus' servants to meet physical, spiritual, and relational needs of the community.

The Help for the Homeless Hygiene Drive will be February 11th through March 3rd. Hope will be a collection site for this event. The Family Christian Radio 91.5 sponsors the annual Help for the Homeless hygiene drive. They work with area homeless coalitions every spring to stock the shelves of 90+ homeless and crisis programs in 19 Wisconsin communities in our listening areas. The drive has provided \$4.8 million dollars' worth of hygiene supplies to local crisis programs and those they serve over the past 31 years. We invite members of Hope to participate.

Items that can be donated include:

- Bathroom Tissue
- Deodorant
- Feminine Care
- Cleaning Supplies
- Diapers/Baby Care
- Hair Care
- Razors
- Dental Care
- Face/Bath Soap
- Laundry Detergent
- Trash Baas

Random Act of Kindness to Foxview Students:

Recently, I was with a community family and they have an 11-year-old son who attends Foxview Intermediate School. Through the conversation, they indicated that they appreciated the church near the school that allowed the parents to wait in the parking lot to pick him up. I was able to smile and comment that this is our church, Hope



Lutheran. A simple act of being a good neighbor shares Jesus' love.
Community Engagement Ministry goes one step further with handing out treats to the students that cross our sidewalk. This month we handed out a Valentine Ring Pop.

The Community Engagement Ministry Meeting for March will be on Tuesday, March 19th, at 6:30 p.m. via Zoom. Please see Kim Thompson if you wish to join us.

Hope's Health Corner

"In this world you will have trouble. But take heart! I have overcome the world." John 16:33

In just a few short weeks we'll be bursting with alleluias at church during Easter worship. After holding it in during the Lenten season – what a joy to let it all out! Meanwhile, while we wait, we focus on more solemn, prayerful, and meditative thoughts.

For some, thoughts may be more than solemn and sometimes it becomes hard to think of anything positive. This is not meditation. If you find you're having trouble with your Lenten reflections, reach out to Pastor or your parish nurses. We can help line you up with a bible study or even share a devotion with you.

Sometimes our mental health can take a hit during the winter season. If find yourself stuck with gloomy thoughts, you are not alone. The list below highlights a few symptoms that can be tied to depression:

- Inability to cope with problems and daily activities
- Changes in sleeping and/or eating habits
- Excessive complaints of physical ailments
- Prolonged negative mood
- Frequent outbursts of anger
- Social withdrawal
- Confused thinking

If any of these describe you, consider reaching out to your family doctor for a therapy referral. You

may also reach out to your insurance company to gather a list of mental health providers covered by your plan. Eligible veterans can receive care through the VA. If you are currently employed, contact your HR department to see if you may be eligible for your employee assistance program (EAP). Medicare offers a



list of participating doctors on its website, www.medicare.gov.

We are meant to reflect on who Jesus is and His plan for us. However, spiritual growth can be hijacked when our mental health is challenged. During these forty days, we are reminded that Jesus is the one we need. As we meditate on His strength and sacrifice, remember to take heart – He has overcome the world!

Sending Easter alleluias! Leighann Heling, BSN, RN and Bryan Carlson, BSN, RN Hope Lutheran Parish Nurses



Sunday School: The theme verse for this year is 1 Peter 4:10-11, "As each has received a gift, use it to serve one another... in order that in everything God may be glorified through Jesus Christ." The March verse of the month is Proverbs 2:6, "For the Lord gives wisdom; from His mouth come knowledge and understanding." The Sunday School offering for March will go to the De Pere Christian Outreach Food Pantry.



2025 Youth Gathering Update: We are excited to announce that 13 youth have committed to attend the 2025 Youth Gathering in New Orleans. These included Chloe Becker, Jazz Vang, Luna Mae Vang, Eliana Baye, Lucas Halbach, Faith Kohn, Grace McCauley, Lauren Saeger, Max McCauley, Lacey Bratz, Kyler Lemke, Jaxson Novitski, and Max McCauley. If any additional youth are interested, please contact Heather Vang for more details at hvang77@yahoo.com or (920) 366-0375.





Wednesday, March 6, 2024

Pastor Paul Pett

Theme: "Be Gracious to Me!"

Wednesday, March 13, 2024

Pastor Christian Burg Theme: "I Have Sinned"

Wednesday, March 20, 2024

Pastor Kyle Wangelin
Theme: "Contradiction"



Palm Sunday, March 24, 2024

8:00 a.m. Worship 10:27 a.m. Worship

Maundy Thursday, March 28, 2024

6:30 p.m. Worship

Good Friday, March 29, 2024

1:00 p.m. Worship 6:30 p.m. Worship

Easter Sunday, March 31, 2024

8:00 a.m. Worship 10:27 a.m. Worship



Easter Breakfast

Sunday, March 31st 8:30 a.m. to 10:30 a.m. Fellowship Hall



To all those who served at Hope in February, we thank you for your gifts of time and talent. Whether you take care of snow removal and maintenance, usher, share the gift of music, serve on a board/ministry group, take care of communion needs, or represent Hope by reaching out to the community, you are needed and appreciated.

Happy Anniversary!

Jason & Heather Baierl	3/2
Dan & Jane Klug	3/16

Happy Birthday!

Tammy Sebo	3/1
Charles Novitski	3/2
Steve Bertram	3/3
Anson Fawcett	3/3
Rick Stenklyft	3/3
Krysta Dickie	3/4
Emma Novitski	3/4
Nancy Mittelstaedt	3/5
Lenore Swalheim	3/5
Sarah Brandenburg	3/7
Kylie Loppnow	3/7
Paula Meyer	3/7
Evan Monfre	3/7
Heather Vang	3/7
Sophia Baierl	3/8
Amanda Novitski	3/8
David Schneider	3/8
Teagan Borchers	3/9
Saoirse Cunningham	3/12
Lisa Mason	3/12
Jeffrey Leiterman Jr.	3/14



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March 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
					1	2	
3 8:00 AM Worship 9:15 AM Sunday School 9:30 AM Adult Bible Study 10:27 AM Worship	7:00 PM Moms of Hope	7:30 AM Breakfast w/the Bible @ Oak Street Café 8:00 AM Bulletin Submissions Due 9:30 AM Ladies Bible Study 6:30 PM Ladies Bible Study	5:15 PM Confirmation 5:30 PM Choir 5:30 PM Lenten Meal 6:30 PM Worship 7:30 PM Elders	7	8	9	
8:00 AM Worship 9:15 AM Sunday School 9:30 AM Adult Bible Study 10:27 AM Worship	11 6:30 PM Council	7:30 AM Breakfast w/the Bible @ Oak Street Café 8:00 AM Bulletin Submissions Due 9:30 AM Ladies Bible Study 5:30 PM Women of Hope 6:30 PM Ladies Bible Study	13 5:15 PM Confirmation 5:30 PM Choir 5:30 PM Lenten Meal 6:30 PM Worship	14	15	16	
8:00 AM Worship 9:15 AM Sunday School 9:30 AM Adult Bible Study 10:27 AM Worship	6:00 PM Angels of Hope Board (Zoom)	7:30 AM Breakfast w/the Bible @ Oak Street Café 8:00 AM Bulletin Submissions Due 8:00 AM Newsletter Submissions Due 9:30 AM Ladies Bible Study 6:30 PM Ladies Bible Study 6:30 PM Community Engagement Ministry (Zoom)	5:30 PM Choir 5:30 PM Lenten Meal 6:30 PM Worship DPCO Food Pantry Collection	21	22	23	
Palm Sunday 8:00 AM Worship 9:15 AM Sunday School 9:30 AM Adult Bible Study 10:27 AM Worship DPCO Food Pantry Collection	6:30 PM Education Ministry	7:30 AM Breakfast W/the Bible @ Oak Street Café 8:00 AM Bulletin Submissions Due 9:30 AM Ladies Bible Study 6:30 PM Ladies Bible Study	27 5:30 PM Choir	Maundy Thursday 6:30 PM Worship	Good Friday 1:00 PM Worship 6:30 PM Worship	30	
Easter 8:00 AM Worship 8:30-10:30 AM Easter Breakfast 10:27 AM Worship			Publication Information: Bulletin information is due Tuesdays at 8:00 a.m. Newsletter information is due by 8:00 a.m. on the 3 rd Tuesday of the month. Please call the church office or email office@hopedepere.org.				